



# Class Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00 - 8:50 am	Family Class All Belts	Family Class All Belts	Family Class All Belts	Family Class All Belts			Closed
9:00 - 9:50 am						Black Belt	
10:00 - 10:50 am						Family Class All Belts	
11:00 - 11:20 am						Stretch & Flexibility	
11:30-Noon						Mini Moosa 4-6 y/o	
4:00 - 4:45 pm	Children Beginner White - Orange	Mini Moosa 4-6 y/o Starts at 4:20 Ends at 4:50	Children Beginner White - Orange	Mini Moosa 4-6 y/o Starts at 4:20 Ends at 4:50	Children Beginner White - Orange		
5:00 - 5:50 pm	Children Advanced Green and up	Children Advanced Green and up	Children Advanced Green and up	Children Advanced Green and up	Family Class All Belts		
6:00 - 6:50 pm	Family Class Advanced Green and up	Family Class All Belts	Family Class Advanced Green and up	Family Class All Belts	Black Belt		
7:00 - 7:50 pm	Black Belt	Family Class All Belts	Demo Practice	Family Class All Belts	Demo Practice		

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