



# Class Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:00 - 9:50 am						Black Belt	
10:00 - 10:50 am						Family Class All Belts	
11:00 - 11:30						Sparring Class All Belts	
Noon - 3:00 pm							
4:00 - 4:50 pm	Family Class All Belts	Children's Class 7-12 y/o	Family Class All Belts	Children's Class 7-12 y/o	Family Class All Belts		
5:00 - 5:50 pm	Children's Class 7-12 y/o	Mini Moosa 5:00 - 5:30 pm	Children's Class 7-12 y/o	Mini Moosa 5:00 - 5:30 pm	Children's Class 7-12 y/o		
6:00 - 6:50 pm	Family Class All Belts	Family Class All Belts	Sparring Class All Belts	Family Class All Belts	Family Class All Belts		
7:00 - 7:50 pm	Black Belt	Adult Class 13 y/o and up	Black Belt	Adult Class 13 y/o and up	Black Belt		

**INTEGRITY MARTIAL ARTS • 303.828.9853 • [www.integritymaa.com](http://www.integritymaa.com)**